



# Rental Housing Association Breakfast Buzz & Biz

**Thursday, November 14, 2019**

Registration & Networking 8:30 AM  
 Program 9:00 AM–10:00 AM  
 Tour 10:00 AM–10:30AM

**Emery Flats**  
 200 Presidential Way, Woburn, MA 01801

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## Developing Emotional Intelligence in the Workplace

Emotions are the primary driver of our behavior therefore feelings play a great role in our ability to successfully communicate and build relationships. *Emotional Intelligence* is defined as a set of competencies demonstrating the ability one has to recognize his or her behaviors, moods, and impulses, and to manage them best according to the situation. A team member with high emotional intelligence can manage his or her own impulses, communicate with others effectively, manage change well, shows accountability, solve problems, and will not allow complaining or excuses instead creates a forward moving action during conflictive situations. Elise will elevate the importance of developing Emotional Intelligence in the Workplace, and give us new skills, tools, and techniques for immediate positive results for you and your team.

**Speaker:**

**Elise Simard, Speechcomm**

### Registration

- RHA Members \$30
- RHA Non-Member \$40

Name: \_\_\_\_\_  
 Company: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Tel: \_\_\_\_\_  
 Email: \_\_\_\_\_

### Payment Method

- Check payable to the RHA Boston
- Credit card: AmEx Discover Mastercard Visa

Name on Card: \_\_\_\_\_  
 Card#: \_\_\_\_\_ Exp.: \_\_\_\_\_

Please register by Tuesday, September 17.  
 72 hour cancellation policy. No shows will be charged.  
 Please complete form and send to Jill Blanco at  
[jblanco@gbreb.com](mailto:jblanco@gbreb.com), fax 617-588-0286, call 617-399-7860, or  
 mail to Three Center Plaza, Mezzanine Suite, Boston, MA 02108